

NHS PETERBOROUGH
(Working in partnership with Peterborough City Council)

SUBJECT: OLDER PEOPLE'S MENTAL HEALTH AND WELL BEING

MEETING: GPP HEALTH AND WELL BEING PARTNERSHIP BOARD

DATE OF MEETING: 19 MAY 2009

**REPORT OF: HOWARD SHOEBRIDGE, IMPROVEMENT AND DEVELOPMENT
MANAGER**

1.0 BACKGROUND

1.1 Seven years ago, Peterborough PCT developed an older people's mental health and well being strategy. Since that time, there have been a number of government publications to support improvements in older people's mental health and well being that include:

- The National Service Framework for Older People (2001)
- Everybody's Business: Integrated mental health services for older adults (November 2005)
- Living well with dementia: A National Dementia Strategy (February 2009)

1.2 The production of 'A New Ambition for Old Age Next Steps' in Implementing the National Service Framework for Older People (2006) has reflected government commitment to tackling the stigma and social exclusion people face in old age. Mental Health in Old Age confirms that 'Everybody's Business' and 'Securing Better Mental Health for Older Adults' are foundation documents that will underpin the key elements of a comprehensive older adult's mental health service and local Strategy.

1.3 NHS Peterborough is committed to work towards these recommendations through an updated and well supported system

2.0 LOCAL DEVELOPMENTS

NHS Peterborough is committed to raising the profile of this vulnerable client group and ensuring equality of status with other client groups such as learning disabilities.

2.1 Partnerships

2.1.1 To this effect, NHS Peterborough has established an older People Mental Health and Well Being Joint Development Group (JDG). This is in line with the Adults with Mental Health JDG. Initially, this group is chaired by the Assistant Director (AD) with this responsibility. The plan is to further develop these groups into partnership boards in line with learning disabilities and carers. The partnership board will be chaired by the lead Director. This will happen within the first quarter of 2009 /10.

2.1.2 The Older People Mental Health Partnership Board will meet monthly and include all key stakeholders – Cambridgeshire and Peterborough Foundation Trust, Adult Social Care (PCC), voluntary sector, NHS Peterborough.

2.2 Strategy Development

2.2.1 There is a need to update the older people mental health and well being strategy. A well respected national organisation (Mental Health Strategies) has been approached to support the development of an updated strategy. It is anticipated that this piece of work will be completed by September 2009 to allow for a period of consultation. The updated strategy will link into the NHS Strategic Plan 2009-2014 and the yearly Operational Plan and will include the requirements of the national dementia strategy. These include ensuring better knowledge, early detection and diagnosis and service development.

2.2.2 The implementation of the National Dementia Strategy will be supported by a sub-group of the partnership board. This will be a time-limited group chaired by the lead Improvement and Development Manager (IDM). This group will meet monthly for 6 months initially.

3.0 **OUTCOMES**

3.1 Older People with Mental Health needs must be given the same access and quality of care that would be given to anyone.

3.2 Health and Social Care at all levels must be provided in a way that meets the needs of Older People with a mental health problem.

3.3 To support the individual within their own home for as long as possible and to develop care around the individuals needs.

4.0 **TIMESCALES**

- Monthly meetings of Partnership Board - ongoing
- Monthly meetings of Dementia Strategy Implementation group - ongoing
- External organisation commissioned – May 2009
- Strategy developed May 2009 – September 2009
- Consultation with stakeholders and User / Carer events September 2009 – December 2009
- Implementation January 2010
- Implementation Supported by updated 2010/11 operational plan