



**Minutes of**

**GPP Health and Wellbeing Partnership Meeting**

**Held 19 May 2009**

**Present:**

Marco Cereste	Chair, Chairman (NHS Peterborough)
Denise Radley	Director of Adult Social Services & Performance
Howard Shoebridge	Improvement and development manager, PCC
Susie Hall	GPP Manager
Christine Bellairs	Senior Public Health Specialist, NHS Peterborough
Jessica Slater	Head of Programmes for Cancer, long term conditions and older people, PCC
Nicky McCready	Sports Development Officer
Sean Brown	District Manager for Peterborough, Cambridgeshire Fire Service
Rachel Huxley	Operations Manager, PECT
Hannah Barrett	GPP Communications Executive
Christine Greer	Drinksense
Celia Shohet	NHS
Sarah Shuttleworth	NHS

**1. Apologies:**

Apologies were received from Elizabeth Ingram, Angela Bailey, Alison Reid, Nik Patten, Sue Mitchell, Neil Greenfield, Dr Andy Liggins and Cllr Diane Lamb

**2. Minutes of the last meeting**

The minutes of the meeting held on 11 March were approved as a true and accurate record.

### **3. Older People's Mental Health and Wellbeing strategy**

The board received a presentation from Howard Shoebridge, who spoke on Older People's Mental Health and Wellbeing strategy and the changes made to the strategy over the past 7 years. It was recommended that the development group for older people's mental health was to be led by Neil Greenfield. The dementia subgroup was set to begin on the dementia strategy on Thursday 21 May. The dementia strategy is to give updates through the Health and Wellbeing Partnership Board, along with the mental health strategy group. The dementia strategy is set to be complete by September 2009. The new strategy will be in place early next year.

Notes provided by Howard can be seen here including the timescales given to drive agenda forward - <http://www.gpp-peterborough.org.uk/HWMinutes.php>.

### **4. Adult Participation in Sport**

Nicky McCready presented information on tackling Adult Participation in Sport. Members discussed the statistics offered by Sports England's survey of 500 people, which was considered a too small selection of people.

It was also discussed that participation in sport can be dependent on the weather – therefore, last year's poor participation may be due to poor weather conditions.

The participation for most facilities has increased. It was noted that the Jack Hunt facilities had closed. There are now less sports facilities than in previous years. Barnack and Stamford residents participate the most in sport. There are good facilities in these areas.

Sport is defined as including all physical activities, including walking, cycling and possibly gardening also. A discussion of a 'light night' was discussed – an evening where shops and lights are left on for longer so that people can enjoy the outdoors for longer.

Members of the board agreed that people should be encouraged to join sports teams and encourage businesses to take part.

Work has been undertaken with groups such as Stoke Rehabilitation. Nicky discussed 'Boccia' a seated form of bowls, developed by a cerebral palsy group, which has also proved to be popular with children.

Nicky mentioned that much of her work is based on securing funding, much of which is spent on staffing. The difficulty of finding qualified level 2 sports staff was also discussed.

Sarah Smith mentioned her 'Walk for Health' work, and discussed a group of Asian women walking to and from activities together.

Members of the board asked if there was a cost barrier preventing people taking part, or lack of joined up thinking.

Peterborough is aiming for a 1.5% increase in sports participation.

Nicky's presentation slides can be found here - <http://www.gpp-peterborough.org.uk/HWMinutes.php>.

**Action:**

Nicky to provide statistics on free swimming for under 16's, which has been very successful and also statistic on over 60's swimming participation.

Nicky to explore if a level 2 sports coaches/staff could become involved in a job share across localities.

Nicky to talk to 'The Fleet' about their bid for sports facilities.

**5. Developing the work of the Health and Wellbeing board**

Susie Hall spoke on developing the work of the Health and Wellbeing board and its structure. The idea of building a delivery group to sit alongside the Health and Wellbeing board was discussed, to make performance reporting cycle more focused and strategic and also focus on older people and the disabled.

The board agreed to support changes to structure.

Susie discussed the performance reporting cycle and how the Health and Wellbeing meeting dates coordinate with this cycle, as well as how neighbourhood divisions are changing and will have funds to provide means to help with problems, with neighbourhoods having opportunity to choose how they want money to be spent.

The group discussed how each neighbourhood will have different priorities and needs. Neighbourhood panels will be joined by councillors, which will be supported by the local authority, to help bring the right resources to the right areas. It is hoped this will be in place by October 09.

**Actions:**

Susie to discuss board development with Denise and Kevina.

Input on neighbourhood panels to be included on a future agenda – Adrian Chapman.

**6. Older people's accommodation strategy**

Jessica Slater spoke to the board on the older people's accommodation strategy and the aim to reinvigorate understanding of strategy and what we want to achieve. Emphasis was placed on the home determining the rest of life. Performance targets can only be reached with joint working. The accommodation strategy was created via consultation with the public

There is nationality perceived cost benefits to the strategy. The LAA is key to development. There is lots of opportunity for working together which can be capitalised on.

Jessica's slides can be found here - <http://www.gpp-peterborough.org.uk/HWMinutes.php>

The Board discussed the current very traditional structures. There are both well appointed and very poor facilities in the city – work is being done to close this gap and improve over all standards and expectations. Changes will be made to care homes and the way they provide care. We want to provide a great Health and Wellbeing service, ensuring all health and social needs are being addressed. It was discussed that we are not well set up for care for dementia patients at the moment.

The group discussed Extra Care – two new Extra Care schemes and remolding of old schemes have been successful. All schemes are different and this is seen as a positive attribute. This is a flexible way of providing a range of services. Current work will create more opportunity for older people to move to higher levels of care. The new system of support will include an access and information and centre, highlighting accessibility for all and levels of choice. It is hoped the scheme will grow in relation to the population of Peterborough. Jessica said she is happy to hear from members of the group and to answer questions.

## **7. CAA Self Assessment**

Denise Radley spoke on CAA Self Assessment

Results for 08/09 were Amber. Targets were exceeded for carer support. Targets are related to demographics.

Denise is happy to receive questions on the self assessment - [denise.radley@peterboroughpct.nhs.uk](mailto:denise.radley@peterboroughpct.nhs.uk).

**8.** Christine Bellairs discussed where we are at the end of 08/09. Peterborough is one of only 7 PCT's to get money from the Department of Health - £40k for linked work with Young Peoples services.

Targets for Under 18 conceptions have been exceeded. Next year's target is 22%, giving room for creativity.

Christine's presentation can be found here - <http://www.gpp-peterborough.org.uk/HWMinutes.php>

### **Actions:**

Alcohol reduction strategy to be discussed at next meeting.

Denise to find out where alcohol strategy is – there will be joint reporting on alcohol.

Karen Kibblewhite to input on the alcohol strategy at the next meeting.

## 9. AOB

Rachel Huxley, Operations Manager from PECT has joined to Health and Wellbeing Partnership to develop cross overs with the environment, for example green space and mental health links.

**Action:** Rachel to provide a session on how the environment relates to health.

Sean Brown asked if the Fire Service is required to attend the meetings.

**Action:** Fire service to present on what the Fire Service can offer the health and wellbeing partnership.

It was agreed at the fire service and police are essential for neighbourhood working.

Meeting closed at 16.00