

Love Local

Karen Lawrence





What is Love Local?

- PECT & PCT working in partnership.
- Access to local food and education about how to cook it.
- Acting together to tackle obesity.

Objectives

- Train 10 children centre staff to deliver cookery workshops.
- Deliver 10 food workshops, benefiting 100 people.
- Produce cookery workshop handbook.
- Deliver 10 food demonstrations, benefiting 250 people.
- Run one pilot food stall and produce a 'how to' guide.





Partnerships



**The formation of strong
partnerships is key to the
success of any project**

Outcomes



Sustainability

Love Local



Workshop handbook

For a greener, happier, healthier Peterborough





Legacy



Invitation

Your new local fruit and veg shop

90 Central Avenue, Dogsthorpe

Join us for the launch Monday 31st January

- Ribbon cutting at 3.30pm with top TV nutritionist
- Cooking demonstrations (10am, 12pm, 3.45pm)
- Free tasters throughout the day

Your new shop offers high quality, fresh, local produce at best value prices, and a friendly and welcoming service.



10% discount with this leaflet until 28th February when you spend £5 or more.

 Peterborough
Environment City Trust
Working for a cleaner, greener, healthier Peterborough

Love Local



Website

Love Local



www.pect.org.uk/lovelocal

